

WARREN JAMES STRUDWICK, JR., M.D., M.B.A.

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EDUCATION

Stanford University Graduate School of Business, Stanford, California Masters of Business Administration President Stanford Business Student Association and Class of 1990	1990
Howard University College of Medicine, Washington, D.C. Doctor of Medicine Highest Academic Rank in graduating class, Howard University College of Medicine Member, Alpha Omega Alpha, Gamma Chapter, Chapter President	1982 1981 – 1982
Brown University, Providence, Rhode Island BA, Biology Seven-Year Medical Education Program	1978

POST GRADUATE MEDICAL TRAINING

Stanford University Medical Center, Stanford, California Residency, Orthopedic Surgery Supervisor: Eugene E. Bleck, M.D.	1983 – 1987
Stanford University Medical Center, Stanford, California Internship, General Surgery Supervisor: Harry Oberhelman, M.D.	1982 – 1983
Hospital Bellevue, University of St. Etienne, St. Etienne, France Hospital Jules Courmont, University of Lyon, Lyon, France Fellowship In Reconstructive Surgery of the Knee and Sports Medicine Supervisors: Professor Gilles Bousquet and Henri Dejour	1987 – 1988

LICENSURE

Physician and Surgeon State of California	Since 1982
Physician and Surgeon District of Columbia	1988 (expired)

CURRENT WORK

Bay Area Orthopaedic and Sports Specialists Owner and Surgeon Sports Medicine and Orthopedic Surgery solo medical practice	2011 to present
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BOARD AND PROFESSIONAL APPOINTMENTS

Remedy Medical Start-up, Primary care to Specialists video consultations Consultant and Board Member	2014 to present
Summit Bank Foundation Medical Advisory Board	2014 to present
Peer Review Solutions Medical Director Expert medical evaluations, Independent medical and peer reviews	2010 to present
National Medical Association Member, Board of Trustees National Organization of African American physicians	2013 to present

BOARD AND PROFESSIONAL APPOINTMENTS – *continued*

Patient Controlled Healthcare Services CEO and President Developer of On Time MD™ (app) and Portable Exercise™ (post-op video exercise)	2005 to present
Flexpower, Inc. Member, Board of Advisors Sports Creams	2004 to present
Balance Edutainment, Inc. Member, Board of Advisors Creator of Pashas Pajamas	2012 to present
Bay Area Orthopaedics and Sports Specialists Owner and Surgeon Sports Medicine and Orthopaedic Surgery	2011 to present
Bay Area Orthopedics, Sports and Spine Managing partner and Orthopedic Surgeon Multi-specialty Orthopedic and Sports Medicine group	1994 – 2011
Sinkler-Miller Medical Association President Board Member Bay Area Physician Organization, non-profit, member group of the National Medical Association	2010 – 2011 2004 – 2011
St. Albans School Centennial Board Board Member, Counselor Fundraising, Development	2008 – 2010
Emeryville Unified School District Teacher “Hip Hop and The English Language”	2007 – 2008
Emeryville Chamber of Commerce Board Member Community Business Leaders, Emeryville, California	2009 – 2011
BOSS Foundation President and CEO Non-profit, supports the health, education, and well being of youth through sports Creator of The Shortest Triathlon Ever	2006 to present
Student National Medical Association Chairman, Board of Directors Board Member National organization of medical students, undergraduates	1981 – 1982 1980 – 1982
Student National Medical Association President, Howard University Chapter	1979 – 1980
National Board of Medical Examiners Member, Board of Directors Examination Board develops and manages The United States Medical Licensing Examination	1982 – 1984
American Heart Association, Alameda County Chapter Member, Board of Directors Nonprofit advocating a healthy lifestyle	1994 – 1997
St. Vincent Day Home Member, Board of Directors Non-profit, Non-sectarian child development and daycare center in West Oakland	1996 – 1998
Quality Assurance Committee, Summit Hospital Oakland, California Member	1995

PUBLICATIONS AND PAPERS

<i>"The affects of Arginmax, a natural dietary supplement for enhancement of male sexual function"</i> Hawaii Medical Journal	1998
<i>"Proximal Fibular Stress Fracture Due to Aerobic Dance"</i> American Journal of Sports Medicine	1992
<i>"Complications of Intramedullary Rods in Osteogenesis Imperfecta"</i> <i>Bailey-Dubow Rods versus Nonelongating Rods</i> Journal of Pediatric Orthopaedics	1998
<i>"Nonunion of Fractures in Children who have Osteogenesis Imperfecta"</i> Journal of Bone and Joint Surgery	1988
<i>"Intramedullary Rodding in Osteogenesis Imperfecta"</i> Presented at the American Academy of Orthopedic Surgeons	
<i>"All About Knees"</i> The BOSS Magazine	2008
<i>"Baby Boomers, How to Age Actively and Stay in Shape"</i> The BOSS Magazine	2008
<i>"Anterior Cruciate Ligament Tears – Are Women Different?"</i> The BOSS Magazine	2008
<i>"The Knee Journal"</i> Sports medicine blog, wordpress.com	2009 to present

CERTIFICATION

National Board of Medical Examiners Diplomat	1983
American Board of Orthopedic Surgery Diplomat	1992
American Board of Orthopedic Surgery Diplomat	2006
Certified Massage Practitioner Swedish and Esalen, McKinnon School	1996
Certified Hypnotherapist National Guild of Hypnotists	2001, 2006

MEDICAL PRESENTATIONS

<i>"Intramedullary Rodding in Osteogenesis Imperfecta"</i> Presented at the American Academy of Orthopedic Surgeons	1987
<i>"Intramedullary Rodding in Osteogenesis Imperfecta"</i> Presented at Stanford University, Resident Disputation	1987
<i>"Sports medicine, a career choice"</i> National Youth Leadership Forum, Medicine UC Berkeley	2003
<i>"Sports Medicine, What do you want to do?"</i> National Youth Leadership Forum, Medicine UC Berkeley	2004
<i>"Orthopedic Surgery and Sports Medicine, a career choice"</i> National Youth Leadership Forum, Medicine UC Berkeley	2005

MEDICAL PRESENTATIONS – *continued*

“Sports medicine, a career choice” National Youth Leadership Forum, Medicine UC Berkeley	2006 – 2007
“The Athlete and Performance Enhancing Drugs – a panel discussion” The Commonwealth Club, San Francisco, radio simulcast	2009
“The Pain Game” Host, Weekly Sports Medicine Radio show, 95.7 FM The Game	2011 – 2012
“Are You Ready To Play” Chinese Orthopedic Delegation	2010
“Are You Ready To Play” National Summit on Sports Concussion, Sports Concussion Institute	2010
“Are you ready to be a doctor?” Keynote Speech, Student Medical Association, Western Regional Conference	2010
“The Naked Truth About Knees” California Chiropractic Association	2007
“The Naked Truth About Knees, Part 2, Physical Examination” California Chiropractic Association	2009
“The Naked Truth About Knees” Presented at The Giant RUN	2010
“The Doctor-Patient Relationship (Where do we go wrong)” Sinkler Miller Medical Association	2012
“Sports Medicine” Wareham Development, Bag Lunch Presentation	2007
“The Surgical Treatment of Knee Arthritis” Sinkler Miller Medical Association	2009
“What Coaches Need to Know – Heat and Hydration” Alhambra High School, Coaches clinic	2007

COMMUNITY PRESENTATIONS & SPEECHES

Sinkler Miller Medical Association 13 th Annual Scholarship Event Featured Speaker	1997
Sinkler Miller Medical Association 26 th Annual Scholarship Event Master of Ceremonies and co-host with Renel Brooks	2009
Sinkler Miller Medical Association 30 th Annual Scholarship Event Master of Ceremonies and co-host with Barbara Lee	2013
“The BOSS Foundation and The Shortest Triathlon Ever” Emeryville City Council	2008
Career Paths – a panel discussion Stanford Graduate School of Business	2013

LANGUAGES

English – native language
 French – speak with limited competence
 Spanish – speak with moderate competence

MEMBERSHIPS (PRESENT AND PAST)

American Academy of Orthopedic Surgeons
American College of Sports Medicine
American Medical Association
National Medical Association
Alameda-Contra Costa Medical Association
Sinkler Miller Medical Association
NFL Physicians Society
USA Olympic Committee Physicians Society
USA Olympic Sports Medicine Society
Society of Physicians of the National Basketball Association
USA Basketball
USA Boxing
USA Track and Field
USA Taekwondo
USA Triathlon
USA Weightlifting
USA Weightlifting Foundation
Bay Area Knee Society
Society of Physician Entrepreneurs
Brown Alumni Association
Stanford University Graduate School of Business Alumni Association
Howard University Medical Alumni Association
Emeryville Chamber of Commerce
Alpha Gamma Boule Fraternity

AWARDS AND HONORS

HIGH SCHOOL
All American Honors, Swimming (200 Medley Relay)

BUSINESS SCHOOL
President, Stanford University Graduate School of Business and Class of 1990

MEDICAL SCHOOL
Highest Academic rank in graduating class
Member, Alpha Omega Alpha, Gamma Chapter 1981; President 1982
Grafton Rayner Award
Edna Spriggs Award
Michael Oliver Dumas Prize
Alumni Award
Merck Manual Award

AWARDS AND HONORS – *continued*MEDICAL SCHOOL – *continued*

Henry J Kaiser Family Foundation Award	
National Medical Fellowship Merit Graduation Award	
Endocrinology Award	
CIBA Psychiatry Award	
CV Mosby Prize	
Academic Achievement Award	
Lloyd H. Newman Service Award	
Dr. Joseph Leland Johnson Award for Physiology	
Epidemiology and Medical Biometrics Award	
Chairman, Board of Directors, Student National Medical Association	1981 – 1982
Intern, Medical Examiner of the District of Columbia	1982
Tutor, Academic Reinforcement Program	1978 – 1982
Lecturer, Pharmacology	1980

COLLEGE

Dean's List	1975, 1978
Seven-Year Medical Education Program	
All New England/Eastern Selection, Water Polo	1976 – 1978
School record, 100 yard Freestyle	1975

MEDICAL

Team Partner Recognition, Board of Directors	
United States Olympic Committee	2001
Special Recognition and Appreciation for Service	
St. Luke's Neighborhood Clinic	1991
Certificate of Appreciation	
National Youth Leadership Forum	2004
America's Top Surgeons	
Consumer's Research Council of America	2002 – 2009
Patients Choice Award	
Vitals	2008 – 2013
Most Compassionate Doctor Award	
Vitals	2009 – 2013
America's Top Orthopedists Award	
Consumer's Research Panel of America	2009 – 2013
Best Doctor in East Bay	
Sports Medicine, Alameda Magazine	2012
Top Doctor In East Bay	
Sports Medicine, Alameda Magazine	2012
Featured Top Doctor, Cover Article	
Oakland Magazine	2012

TEAM AND PROFESSIONAL APPOINTMENTS

Oakland Raiders, NFL	
Team Physician and Orthopedic Surgeon	1996 to present
Contra Costa College	
Team Physician and Orthopedic Surgeon	2012 to present
University of California, Berkeley	
Associate Team Physician	1995 – 2008

TEAM AND PROFESSIONAL APPOINTMENTS – *continued*

University of California, Berkeley Consulting Physician	2011 to present
Golden State Warriors, NBA Team Physician and Orthopedic Surgeon	1998 – 2001
NBA All Star Game, Oakland, California Official Game Physician	2000
USA Track and Field, USA vs. Canada (Juniors) Team Physician	2000
Berkeley High School Team Physician, Varsity Football	1996 – 1998
Olympic Games, Atlanta Team Physician Track and Field, Olympic Stadium, Cycling	1996
US Track and Field, US Olympic Team Trails, Atlanta, Georgia Team Physician	1996
US Olympic Committee, Colorado Springs Training Physician	1996
US Track and Field Team Physician	1993 to present
IAAF World Championships, Athletics (Track and Field), Helsinki, Finland Head Team Physician	2005
IAAF Junior World Championships Track and Field, Kingston, Jamaica Head Team Physician	2002
FIBA World Championship for Junior Men, Portugal (silver medalist) Head Team Physician, Team USA	1999
USA Track and Field/Mobil National Track and Field Championships, Sacramento, California Team Physician	1995
IAAF World Indoor Track and Field Championships, Barcelona, Spain Head Team Physician	1995
Goodwill Games, St. Petersburg, Russian Team Physician	1994
US Weightlifting Team Physician	1995
Men's Junior and Senior Women's World Weightlifting Championships, Warsaw, Poland Head Team Physician	1996
USA Boxing Team Physician	1996
US Boxing Olympic Trials, Oakland, California Physician	1996
Ironman Triathlon, Kona, Hawaii Associate Physician	1995
Ironman Triathlon, Kona, Hawaii Associate Physician	1996

TEAM AND PROFESSIONAL APPOINTMENTS – *continued*

US Track and Field Junior Olympics, San Jose, California Physician	1995
USA Track and Field, USA vs. Great Britain, Glasgow, Scotland Team Physician	1994
San Francisco Marathon Assistant Medical Director	1994
UC Berkeley Open Tae Kwon Do Championship Physician	1994
UC Berkeley Open Tae Kwon Do Championship Physician	1995
UC Berkeley Open Tae Kwon Do Championship Physician	1996
Oakland Skates (roller hockey) Associate Team Physician	1993 – 1994
National Football League Alumni Association Designated Physician	1995 to present
Cirque du Soleil, Oakland, California Physician	1998
California Mile Race Physician	1992
Oakland Unified School District (Football) Team Physician and Consultant	1990 – 1993
San Francisco Unified School District (Football) Team Physician and Consultant	1992 – 1993
St. Ignatius High School, San Francisco, California Associate Team Physician	1990 – 1991
Palo Alto High School, Palo Alto, California Team Physician	1983 – 1986
Gunn High School, Palo Alto, California Team Physician	1983 – 1986
Shortest Triathlon Ever Race Director, Medical Director	2007 – 2013

REFERENCES

Provided upon request